Lifespan Respite WA Caregiver Survey Results: Let’s listen to what caregivers have to say!

53% of caregivers have been providing unpaid care for more than 5 years!

33% of caregivers have not had a break in more than 5 years!

What keeps caregivers from having a break? 73% tells us money is the main reason, 60% say provider availability, 33% say it’s timing.

Caregivers rated: Services received, 4.1 out of 5 stars average rating (1 star is low, 5 is high). They rated support from the Lifespan Respite Team at 4.4 out of 5 starts, and gave “the importance of respite” 4.9 out of 5 stars.

Some quotes:

“I truly appreciate the time and effort they provided for our family”

“The waiting period for the provider while processing the voucher was a few months long and we couldn’t access services in the meantime. But I am very, very thankful for the assistance”\*

\*this past year, the average wait time for a voucher was longer than it was during the 2+ years of COVID, when we had more funding than we had applicants able to use a voucher.

The Lifespan Respite WA team processed and provided support for hundreds of applicants from January 2022 through August 2023. The majority (55%) are parents, 84% identify as female, and 60% were requesting in-home support services for male loved ones with an intellectual/developmental disability.

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